



303-948-5000

## **Vomiting and/or Diarrhea Treatment**

### Water Intake:

- If your pet is not vomiting, then water is allowed.
- If vomiting, do not allow water for 3-6 hours. Ice cubes O.K. after 1-2 hours. After this, offer small amounts of water.

### Food Intake:

- ❑ No food for the first \_\_\_\_\_ hours or until \_\_\_\_\_.
- ❑ Bland food okay to start when you get home.

After the digestive system has had a chance for rest and repair, start your pet on a schedule of feeding an easily digestible diet in ***SMALL FREQUENT AMOUNTS***.

### Diet Choices:

- Mixture of 60% cooked white rice to 20% boiled or microwaved chicken, turkey, lean hamburger, or baby food (make sure no onions—toxic!) and 20% non-fat cottage cheese. 1 cup per 10 lbs per day.
- Prescription canned Eukanuba Low Residue or EN: **1 can (1 ½ cups) per 30 lbs per day OR 1/3 can per 10 lbs.**

**For example: 20 lb dog = 1/4 can 3x daily**  
**50lb dog = 1/2 can 3x daily**

**Feed your pet approximately \_\_\_\_\_ can/cup \_\_\_\_\_ times daily**

- Initially, feed 3-4 times daily. If no vom/dia in 24 hours, start to slowly reintroduce their regular kibble diet starting with 25:75% → 50:50 → etc.

Rarely, some dogs with chronic vomiting or diarrhea do well long-term on dry Eukanuba Low Residue (they also have a puppy formula). These foods are easily digested with less feces formation. They are nutritionally balanced and are safe for most pets—ask us about these diets if your dog has chronic vomiting/diarrhea of unknown origin.

### A Note of Caution:

This conservative approach does not work in all cases. If your pet continues to vomit, becomes lethargic, has worsening diarrhea, especially with blood, call us **right away**.

- ❑ Immodium AD may be given at 1 tablet per 25 lbs. 2-3 times daily for mild cases of diarrhea.
- ❑ You may give Pepcid AC (Famotidine) @ ¼ of a 10mg tablet (pink) for cats. Dogs: 1-20 mg tablet (white) tablet per 25 lbs. once daily for low appetite or for 2 days after vomiting.

**Save this handout for future reference. Please do not discard!!**